

Purposes of fasting and prayer in the Bible

- Repentance
 - Ezra 10:6
 - Nehemiah 9:1-3
 - Joel 2:12-14
 - Jonah 3:5-7
 - 1 Samuel 7:2-6
- Urgent Request
 - Esther 4:16
- Mourning
 - 1 Chronicles 10:12
 - Nehemiah 1
- To seek God
 - 2 Chronicles 20:1-30
 - Daniel 9:3
- Preparation/ Wisdom/ Guidance
 - Ezra 8:21-23
 - Matthew 4:2
 - Acts 13:1-2

Fasting in the bible

- JESUS Expected IT: MT: 6 & 9
- Private & Personal
 - 2 Sam 12:23
 - Daniel 9
- Communal
 - Nehemiah 9
 - Esther
 - Acts 13

Warnings about Fasting

- Isaiah 58
- Zechariah 7
- Luke 18:9-14

What does fasting and prayer produce?

- Conviction
- Repentance
- Obedient heart
- Clarity
- Wisdom
- Faith